

# You - According to the Horse

A Clinic of Self Exploration, Personal Development and Enlightenment

June 28, 2015 ~10 to 3pm

Clinic Presented by: **Christy Bourbonnais ~AQHA Professional Horseman**  
& **Cathy Smith-Wesnka, M.S., LCPC, NCC**

Are you interested in a truly unique journey of self-exploration and personal development? This is a journey that can enlighten and enhance the quality of your life. Do you work with others – either family or co-workers – and often feel stressed trying to work together? Is a more balanced approach to life of interest to you?

Would you like to be more effective in communicating with others or getting your ideas conveyed? How about learning these aspects through the inspiring eye of the horse? Horses are very honest and instinctual. They are great teachers for they do not have all the day to day worries that a person does; therefore their feedback is with unspoiled honesty. This clinic combines the natural naivety of the horse and the teachings of the native medicine wheel to bring out the best in you! Isn't it about time you took care of yourself!



*In this Clinic you will interact with a horse to:*

Learn a deeper and enriched meaning of yourself

Identify your own communication style

Learn strengths and identify barriers

Awareness of innate responses to body energy

Develop a free flowing style of interacting with others

Apply these concepts to everyday life and enjoy life

Learn the foundations of the Medicine Wheel -

And the 4 primary directions which gives motion to the

Medicine Wheel in your Circle of Life.

*Christy Bourbonnais*, owner of Cripple Creek Ranch LLC, is a lifelong student of the horse and its relationship to the world.



Christy has a strong background on horse and human relationship training and is a Certified AQHA Professional Horseman, WDAA Western Dressage Trainer, and Clinician. She is an experienced competitor, trainer, coach and TV personality. She was featured on RFDTV. She has been enriched with the gift of excellent training, experience and social work during her 20+ years as a police officer and horseman. She facilitates so that the horses help victims of domestic abuse, bullying, and family crisis and overcome confidence/trust issues. Christy

has worked with companies assisting their employees with team building, leadership methods and management approaches and procedures based upon the human relationships.

*Cathy Smith-Wesnka* has over 20 years' experience in the field of counseling and received her Masters of Science degree in

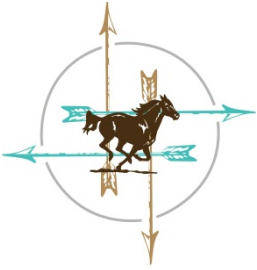


Counseling/Human Services from National-Louis University in 2001. She became an Ordained Minister through the Universal Life Church of Seattle, WA. Cathy is a student of the Healing Art of Shamanism under Rev. Robin Tekwelus Youngblood, a Native American Shaman from Maui, HI since 2006. Cathy became a Level II Certified Reiki Practitioner in early 2013. With Cathy's experience in teaching communication skills, native spirituality and her Reiki work she provides an overall spectrum of awareness developed in these clinics and workshops.

Clinic Location: Cripple Creek Ranch, LLC – 23215 Graf Rd, Harvard, IL 60033

(815) 943-4513 ranch, (847) 533-4513 Christy's cell, ((815)701-3181 Cathy's cell.

Cost: \$125.00 Which includes lunch and materials. Registration form and clinic details: [www.ccrequinecenter.com](http://www.ccrequinecenter.com)



# Cripple Creek Ranch 2015 Clinic Registration Form

## *You - According to the Horse*

Please fill out one application for each participant. Register early to a reserve spot.

Name: \_\_\_\_\_ Cell Phone: (    ) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E mail: \_\_\_\_\_

Emergency Contact Name & Number: \_\_\_\_\_

### **Clinic:**

June 28<sup>th</sup> You - According to the Horse - Clinic Fee \$125 (includes lunch and materials)

Clinic Fees .....\$ \_\_\_\_\_

Make checks payable to:     **CRIPPLE CREEK RANCH, LLC**

Mail to:     Christy Bourbonnais, Cripple Creek Ranch, 23215 Graf Rd, Harvard, IL 60033

Phone:     (815) 943-4513 or (847) 533-4513

Flyer is posted on face book and web site

Ranch general information: [www.ccrequinecenter.com](http://www.ccrequinecenter.com)

Email: [Christy@ccrequinecenter.com](mailto:Christy@ccrequinecenter.com)

*No alcohol/drugs or dogs allowed. No smoking allowed on premises. Smoking allowed off site due to the nature of feed, bedding and stall materials.*

- Please read and sign to give consent for the use of photographs and videos during this clinic.  
(Videos used for educational purposes during the clinic)

The undersigned party hereby gives consent to Cripple Creek Ranch, Cripple Creek Ranch LLC, Christy Bourbonnais, and Cathy Smith Wenska unrestricted use of photographs of events, clinics and all photographs taken on Cripple Creek Ranch property or clinic locations and or any of its subsidiaries or affiliates or sponsors to be used in any news story, article, blog, face book, twitter, social media, Website, publications, DVD s or any advertising or modifications of said photographs including negatives and prints.

Signature: \_\_\_\_\_